

Abinadi's Convert

Alma the Elder

writes words of Abinadi
(Mosiah 16:4)

teaches "words of Abinadi" - 450
converted and delivered from King Noah
(Mosiah 18:1, 34-35)

Alma baptizes Limhi and all his
people (Mosiah 25:14-18)

Alma organizes 7 churches in
Zarahemla (Mosiah 25:19-24)

3,500 in Zarahemla
(Alma 4:5); likely more:
(Alma 5-6)

established church in
Gideon (Alma 7, 8:1)

baptized city of Melek and
people "throughout all the
borders of the land by the
wilderness side (Alma 8:5)

Amulek
(Alma 8)

"many" righteous of
Ammonihah
(Alma 14:1)

established church at
Sidom (Alma 15:13)
Zeezrom (Alma 15)

poor among the
Zoramites (Alma 31-35)
church established
throughout all the
Nephites (Alma 16:15)

Helaman*, Shiblon*, Corianton

2060 stripling warriors - "Sons"
of Helaman (Alma 53-58)

Helaman*

establish church again
(Alma 45:20-22; 62:44-46)

Tens of thousands (Hel
3:26)

Nephi* (Garden Tower), and Lehi

preach to Nephites
(Hel 4-7)

8,000 (Hel 5:19), more part of
the Lamanites (Hel 5:50)

sends famine
(Hel 11)

ends strife in
church (Hel 11:23)

baptizes Samuel the
Lamanites converts (Hel
16)

Nephi* (Time of Christ)

baptized
many (3 Ne 1:23)

baptizes 12 disciples (3
Ne 19:11-12)

Nephi*

Amos*

Amos*

Ammaron*

* Nephite Record Keeper

Direct descendants of Alma

The descendants of Alma
account for ~300 pages (~56%)
of the Book of Mormon.